WHY HAVE WE GIVEN YOU THIS GUIDE?

- This guide is being given to you because you are taking two medicines called ACE inhibitors and diuretics.
- ACE inhibitors and diuretics are often given together for heart conditions and are usually safe.
- Talk to your doctor, pharmacist (chemist) or nurse if you have any questions.

THINGS YOU CAN DO TO TAKE ACE INHIBITORS AND DIURETICS SAFELY

Talk to your doctor or pharmacist (chemist) if you need pain relief so they can help you to choose one that is safe for you.

ACE INHIBITORS, DIURETICS AND NSAIDs CAN BE HARMFUL

- There is a group of medicines called Non-steroidal anti-inflammatories (NSAIDs), eg Nurofen®, which are often used for pain relief.
  - ACE inhibitors, diuretics and NSAIDs can be harmful.
  - Your doctor may recommend these three medicines but you will need regular blood tests.
  - Let your doctor know if you are taking these medicines and have vomiting or diarrhoea.
- Let your doctor or pharmacist (chemist) know immediately if you:
  - Have a skin rash or swelling of your face.
  - Feel faint or dizzy.
- Tell your pharmacist (chemist) about all of the medicines you are taking before you buy any type of pain relief.
  - ACE inhibitors and diuretics can be harmful when taken with some other medicines including medicines you can buy from the supermarket or pharmacy.
- Do not take any more than recommended.
  - High doses of these medicines can be harmful, especially for older adults.

Never give your medicines to others even if their symptoms are the same as yours.