

# FLUOROURACIL CREAM (EFUDIX™)

## PATIENT INFORMATION GUIDE



Never give your medicines to others even if their symptoms are the same as yours.

### WHY HAVE WE GIVEN YOU THIS GUIDE?

- This contains information about using fluorouracil cream (Efudix™)
- Fluorouracil cream is an effective treatment for some skin conditions
- Fluorouracil cream can cause serious side effects so it is important you know how to use it safely
- Talk to your doctor, pharmacist (chemist) or nurse if you have any questions

### THINGS YOU CAN DO TO TAKE FLUOROURACIL CREAM SAFELY

- Let your doctor know if you have any other skin problems
- Use a cotton bud to apply a thin layer of cream to the affected area only
- Take care not to get the cream in your eyes and nostrils or on your lips
- Do not put the cream on broken or sunburnt skin
- Wash your hands straight after putting the cream on; take care not to wash the cream off affected areas
- Do not spend too much time in the sun, or go swimming, this might cause a rash

### ▶ FLUOROURACIL CREAM CAN BE HARMFUL

- ▶ **Always store fluorouracil cream out of reach and out of sight of children**
- ▶ **Let your doctor or pharmacist (chemist) know immediately if:**
  - You feel unwell with nausea, vomiting or diarrhoea, or get mouth ulcers
  - The cream causes pain, or your skin becomes raw like an ulcer or bleeds
- ▶ **Do not use any more than your doctor has asked you to**
  - Fluorouracil cream is usually applied once a day (in the morning) or twice a day (in the morning and late afternoon); do not apply just before bed because it might get on your sheets
  - Normally the area will get red after 3 to 5 days; the skin may peel after 10 to 14 days
  - It may take a few weeks to start working, talk to your doctor if you think it is not working
  - After the course has finished, your skin may still be red for a few weeks or months; this will fade, you may use make-up to cover it
- ▶ **PREGNANCY and fluorouracil cream**  
Let your doctor know if you are pregnant or breastfeeding or wish to become pregnant during treatment