PREGNANCY and isotretinoin

• Do not take this medicine if you are pregnant or if there is any chance you could become pregnant.
• If you are considering pregnancy do not take isotretinoin; just one dose can cause birth defects.
• Ask your doctor about contraception while taking isotretinoin.
• Stop taking isotretinoin one month before you wish to become pregnant.

MOOD and isotretinoin

• Let your doctor know if you have ever been treated for depression or if you are feeling unusually sad while taking isotretinoin.

Let your doctor or pharmacist know immediately if you have

• Stomach pain, or yellowing of eyes or skin
• Severe diarrhoea
• Joint pain
• Other side effects like dry eyes, skin, lips and nose can be helped with eye drops and creams.
• Avoid skin treatments like waxing for 6 months after stopping isotretinoin, it may cause scarring.
• Protect yourself from the sun, your skin is more likely to burn.
• Do not donate blood during treatment and for 1 month after stopping this medicine.

This information is a guide only and is not a replacement for the advice and care of your doctor, pharmacist (chemist) or nurse.