

TERBINAFINE

PATIENT INFORMATION GUIDE



Never give your medicine to others even if their symptoms are the same as yours.

WHY HAVE WE GIVEN YOU THIS GUIDE?

- This information is for you to use when taking terbinafine
- Terbinafine is used to treat some fungal infections of the skin and nails
- Terbinafine can cause **serious side effects**, so it is important you know how to take it safely
- Talk to your doctor, pharmacist (chemist) or nurse if you have any questions

THINGS YOU CAN DO TO TAKE TERBINAFINE SAFELY

- Let your doctor know if you have any liver or kidney problems, or a skin condition called psoriasis
- Terbinafine can cause changes in taste; let your doctor know if this is a problem

▶ TERBINAFINE CAN BE HARMFUL

- Always store your medicines out of reach and out of sight of children
- ▶ **Let your doctor or pharmacist (chemist) know immediately if you:**
 - Mouth ulcers, fever, sore throat
 - Stomach pain, yellowing of eyes or skin
 - Skin rash
- ▶ **Tell your doctor or pharmacist (chemist) about all of the medicines you are taking**
 - Terbinafine can be harmful when taken with **some** other medicines
- ▶ **Pregnancy, breastfeeding and terbinafine**
 - If you are considering pregnancy you should **NOT** take terbinafine
 - Do not take terbinafine if you are breastfeeding
 - Discuss what to do with your doctor
- ▶ **Do not take any more doses than your doctor has asked you to**
 - You may not notice an improvement until after you have finished the course

SAFER
SAFER USE OF HIGH RISK MEDICINES

 **Waitemata**
District Health Board
Best Care for Everyone